

RSE & PSHE

Vocabulary progression

Standard

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Overview - Vocabulary progression

Families and relationships					
Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
behaviour care emotions family feelings friend friendly problem stereotype permission	friendship love manners	bullying communicate empathy open questions similar solve sympathy trust	act of kindness authority bereavement boundaries bystander permission	attributes Cyberbullying marriage secret wedding	authority conflict earn expectation grief grieving resolve respect

**Words on this page are classified as Tier 2 words unless stated otherwise.*

Health and wellbeing

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
allergy emotions feelings germs ill (poorly) qualities relax	diet exercise goal growth mindset healthy physical activity relaxation skill strengths	alone balance barriers belonging identity lonely resilience boundaries	fluoride mental health negative emotions positive emotions visualise	fail protect responsibility steps assertive aggressive passive	antibodies habit vaccination

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Safety and the changing body

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Sex education	—	—	—	—	—	conception fertilisation sexual intercourse sperm

Safety and the changing body

	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
	accident drug emergency hazards medicine physical contact polite respect role trust	medicine pedestrian private secret surprise penis testicles/testes vulva vagina	allergic anaphylaxis bullying casualty choice cyberbullying decision distraction fake influence injuries	age restriction asthma law protect puberty public tobacco breasts genitals	attraction decision consent influence menstruation/period bladder cervix clitoris egg or ova ejaculation erection fallopian tube labia nipples ovary/ovaries pubic hair scrotum sperm duct urethra uterus vaginal opening voice breaking wet dreams womb	alcohol internet trolling pregnant

Safety and the changing body

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Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

Citizenship

Year 1

Year 2

Year 3

Year 4

Year 5

Year 6

care

democracy

different

fair

pet

responsibility

rule

similar

unique

vote

election

environment

identity

job

opinion

rule

school council

volunteer

vote

charity

communcity

consequence

council

councillor

law

recycling

rights

United Nations/UN

authority

cabinet

council officer

diversity

Human rights

local government

protect

reuse

defendant

freedom of expression

government

House of Commons

protected characteristics

judge

jury

Member of Parliament (MP)

Parliament

pressure group

Prime Minister

trial

authority

conflict

earn

expectation

grief

grieving

resolve

respect

harassment

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Economic wellbeing

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Banks and building societies cash earn save skill spend value	coins need notes priority want	account budget career feeling stereotype	bank account bank statement influence satisfaction value for money	allocate expenditure income loan repayment	earnings gambling roles and responsibilities university valuables

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